

Trailhead

The start of the trail is located in Soo Line Park in downtown Amery on Keller Avenue.

- Camping is available at Port Valhalla Campground in Amery and Interstate Park in St. Croix Falls.
- Convenient access points are in Amery, Deronda, Wanderoos, Nye and Lotus Lake Park.
- Trail passes for biking are required for all persons 16 years and older and are available at Amery Pedal Paddle Ski, Amery Countryside Convenience Store, UW-Wanderoos Bar and Grill, Russell's Sport N' Bike in Star Prairie, the Nye Store and the Little Store in Dresser.

TRAIL PASS FEES (16 years and over)

ANNUAL PASS - \$20.00

DAILY PASS - \$4.00

Trail Facts

- The trail surface is 10 feet wide and is paved with crushed limestone from downtown Amery to Lotus Lake Park (approx. 14 miles).
- The trail is available year round for outdoor activities. During the summer and fall you may enjoy walking, biking and birding. In the winter, you may use the trail for walking, snowshoeing, and cross-country skiing.

Information

- Emergency 911
- Polk County Parks 715.485.9294
- Polk County Information 715.483.1410

Trail Etiquette

- Ride single file and keep right.
- Warn others as you pass on their left.
- Do not block trail when stopping.
- Obey all traffic signs, including stop signs.
- Don't litter. Respect private property.
- Stay under control at all times.
- No motor vehicles are allowed on the trail.
- Pets must be on a leash (8 ft. max.)
- Use of helmet and safety gear are highly recommended.
- Adults are responsible for supervising their children.

FRIENDS OF THE STOWER SEVEN LAKES STATE TRAIL MEMBERSHIP FORM

The Friends of the Stower Seven Lakes State Trail assist in the improvement, promotion, maintenance and enjoyment of the Stower Seven Lakes State Trail. Join us and share:

- ✓ Fun activities on the trail.
- ✓ Activities to increase public awareness and support for the trail.
- ✓ Projects to improve and maintain the trail.
- ✓ Fundraising for special projects to enhance the trail.
- ✓ Coordination with other groups who use and enjoy the trail.
- ✓ A sense of community involvement.
- ✓ Electronic newsletter with updates.

- \$10.00 Single Membership
- \$25.00 Family Membership
- _____ Donation

Name(s) _____

Address _____

Phone _____

Make check payable to: FOSSLST
Mail to: FOSSLST, P.O. Box 203, Amery, WI 54001

STOWER Seven Lakes STATE TRAIL

4 Seasons of Fun

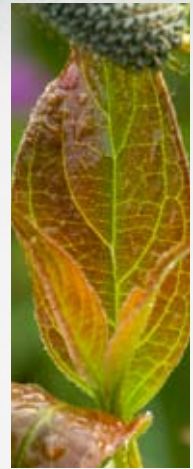
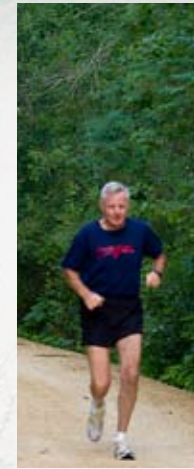
INFORMATIONAL GUIDE & STATE TRAIL MAP

Welcome to the Trail

The Stover Seven Lakes State Trail offers a rich variety of scenery as it meanders from downtown Amery and passes through the Polk County communities of Deronda, Wanderoos, Nye and Dresser. Located on an abandoned railroad bed, this 14-mile trail has a crushed limestone surface which offers a smooth, hard-surfaced trail for biking, hiking, and cross-country skiing.

The trail winds near seven lakes and passes by farmlands, woods, rolling hills, scenic meadows, remnant prairies, and glacial topography. This trail features an

abundance of wildlife and natural beauty, with many birding opportunities available. Don't miss the Sandhill Cranes to the north between the 4/5 mile marker and the palliated woodpeckers and partridge at the 7/8 mile marker. Keep your eye out along the trail for any of the following: blackbirds, chickadees, Indigo Buntings, deer, Canadian geese, pheasant, turkey and remember to look south when you get near Kinney Lake for an extraordinary sighting of Trumpeter Swans. Simply an amazing trail!



photography courtesy of Earl Duckett, Ducknest Photography, Osceola, WI

